

Awesome Foursome Quadrathlon 2014	Category	Swim	Cycle	Canoe	Run	Overall Time	Position
Dept 26	C - Relay	00:24:25	00:52:08	00:46:36	00:41:29	02:44:38	1
Fourshore	C - Relay	00:24:11	00:51:12	00:51:29	00:37:47	02:44:39	2
Ian Smith	A - Over 50 Men	00:29:52	00:53:50	00:45:08	00:39:56	02:48:46	3
Nigel Unwin	A - Over 50 Men	00:28:35	00:51:39	00:49:44	00:40:22	02:50:20	4
Teignbridge Tri'ers	C - Relay	00:26:35	00:51:22	00:57:46	00:35:19	02:51:02	5
Christopher Hammond	A - Over 40 Men	00:28:19	00:51:44	00:51:40	00:42:42	02:54:25	6
Steve, Andy, Jack and Jim	C - Relay	00:33:19	00:57:25	00:55:55	00:35:18	03:01:57	7
John Elliott	A - Over 40 Men	00:28:05	00:59:50	00:49:01	00:46:41	03:03:37	8
Life Begins at 40	B - Pair	00:27:58	00:53:13	00:50:17	00:52:41	03:04:09	9
Andrew Smith	A - Over 40 Men	00:27:03	00:55:28	01:00:44	00:42:48	03:06:03	10
Duncan Pearson	A - Over 50 Men	00:30:36	00:55:56	01:01:44	00:39:20	03:07:36	11
Helen Dyke	A - Over 40 Women	00:27:09	01:00:48	01:01:14	00:38:38	03:07:49	12
John Durrant	A - Over 40 Men	00:33:30	00:57:55	00:53:29	00:43:29	03:08:23	13
Andy Parritt	A - Over 50 Men	00:28:05	00:57:15	00:51:56	00:51:19	03:08:35	14
South Instow Surf Life Saving Club	C - Relay	00:20:43	01:08:15	00:52:33	00:48:33	03:10:04	15
Nothing Too	C - Relay	00:27:26	00:58:05	01:07:08	00:46:09	03:18:48	16
Rob Jefferies - under 23 men		00:32:19	01:03:28	00:52:22	00:51:14	03:19:23	17
Phil Holden	A - Over 40 Men	00:32:42	00:58:34	01:03:54	00:44:29	03:19:39	18
Russel Breyer	A - Over 50 Men	00:34:32	00:59:52	01:01:33	00:44:22	03:20:19	19
John Kavanagh	A - Over 50 Men	00:30:08	01:05:21	00:54:13	00:51:46	03:21:28	20
John Ellwood	A - Over 50 Men	00:35:36	01:06:07	00:58:28	00:42:11	03:22:22	21
Bude Junior Squad	C - Relay	00:25:58	01:11:33	00:53:33	00:51:27	03:22:31	22
Joe and Alan	B - Pair	00:26:40	01:07:55	00:52:03	00:57:01	03:23:39	23
Friend	C - Relay	00:38:34	01:06:36	00:50:03	00:49:28	03:24:41	24
Julian Ridgley	A - Over 40 Men	00:30:53	00:55:41	01:22:21	00:38:10	03:27:05	25
Will Jackson	A - Youth	00:27:18	01:02:58	00:59:58	00:56:59	03:27:13	26
The Mighty Avengers of BBSLSC	C - Relay	00:30:13	01:02:11	01:11:34	00:43:45	03:27:43	27
Thomas Cunningham	A - Senior Men	00:34:06	01:01:46	01:07:10	00:44:42	03:27:44	28
Allison Martin	A - Over 40 Women	00:34:22	01:03:17	01:02:19	00:50:21	03:30:19	29
Glyn Stanley	A - Over 50 Men	00:30:39	01:06:00	01:07:27	00:49:43	03:33:49	30
Peter Chappill	A - Over 50 Men	00:33:45	01:08:59	01:01:43	00:50:02	03:34:29	31
Jean Ashley	Over 50 Women	00:34:33	01:10:02	00:55:46	00:57:12	03:37:33	32
Julian Brewer	A - Over 40 Men	00:32:40	01:06:43	#####	03:37:53	03:37:53	33
Phillip Manning	A - Over 50 Men	00:46:40	01:06:18	01:04:15	00:41:23	03:38:36	34
Lance Ball	A - Over 40 Men	00:38:58	01:13:36	01:04:08	00:46:56	03:43:38	35
Tony Richards - over 60 men		00:31:59	01:18:44	00:57:23	00:56:01	03:44:07	36
The Try Hards	C - Relay	00:32:52	01:13:40	00:58:40	00:59:23	03:44:35	37
Judith Humpleby	Over 50 Women	00:30:50	01:09:24	01:20:54	00:45:45	03:46:53	38
Mary White	Over 60 Women	00:41:22	01:10:51	01:03:04	00:54:34	03:49:51	39
John Redmond	A - Over 50 Men	00:40:22	01:06:35	01:04:55	01:07:50	03:59:42	40
Peter Appelt - over 60 men		00:45:38	01:10:21	01:04:46	00:59:21	04:00:06	41
Ben Byron	A - Over 50 Men	00:43:43	01:15:35	01:09:21	00:56:11	04:04:50	42
Jess Lynes	Over 50 Women	00:32:48	01:24:34	01:08:10	01:00:24	04:05:56	43
Sue Rix	Over 60 Women	00:43:07	01:24:33	01:06:00	00:56:44	04:10:24	44
Thomas Alsop	A - Senior Men	00:51:12	01:34:57	01:14:41	00:39:23	04:20:13	45
Scott Lowe	A - Over 40 Men	00:42:09	01:32:50	01:30:20	00:42:25	04:27:44	46
Francesca Goodwin	A - Senior Women	00:42:07	01:33:38	01:29:34	00:42:25	04:27:44	47

Awesome Foursome Quadrathlon 20	Category	Swim	Position	Awesome Foursome Quadrathlon 20	Category	Cycle	Position
South Instow Surf Life Saving Club	C - Relay	00:20:43	1	Fourshore	C - Relay	00:51:12	1
Fourshore	C - Relay	00:24:11	2	Teignbridge Tri'ers	C - Relay	00:51:22	2
Dept 26	C - Relay	00:24:25	3	Nigel Unwin	A - Over 50 Men	00:51:39	3
Bude Junior Squad	C - Relay	00:25:58	4	Christopher Hammond	A - Over 40 Men	00:51:44	4
Teignbridge Tri'ers	C - Relay	00:26:35	5	Dept 26	C - Relay	00:52:08	5
Joe and Alan	B - Pair	00:26:40	6	Life Begins at 40	B - Pair	00:53:13	6
Andrew Smith	A - Over 40 Men	00:27:03	7	Ian Smith	A - Over 50 Men	00:53:50	7
Helen Dyke	A - Over 40 Women	00:27:09	8	Andrew Smith	A - Over 40 Men	00:55:28	8
Will Jackson	A - Youth	00:27:18	9	Julian Ridgley	A - Over 40 Men	00:55:41	9
Nothing Too	C - Relay	00:27:26	10	Duncan Pearson	A - Over 50 Men	00:55:56	10
Life Begins at 40	B - Pair	00:27:58	11	Andy Parritt	A - Over 50 Men	00:57:15	11
John Elliott	A - Over 40 Men	00:28:05	12	Steve, Andy, Jack and Jim	C - Relay	00:57:25	12
Andy Parritt	A - Over 50 Men	00:28:05	13	John Durrant	A - Over 40 Men	00:57:55	13
Christopher Hammond	A - Over 40 Men	00:28:19	14	Nothing Too	C - Relay	00:58:05	14
Nigel Unwin	A - Over 50 Men	00:28:35	15	Phil Holden	A - Over 40 Men	00:58:34	15
Ian Smith	A - Over 50 Men	00:29:52	16	John Elliott	A - Over 40 Men	00:59:50	16
John Kavanagh	A - Over 50 Men	00:30:08	17	Russel Breyer	A - Over 50 Men	00:59:52	17
The Mighty Avengers of BBSLSC	C - Relay	00:30:13	18	Helen Dyke	A - Over 40 Women	01:00:48	18
Duncan Pearson	A - Over 50 Men	00:30:36	19	Thomas Cunningham	A - Senior Men	01:01:46	19
Glyn Stanley	A - Over 50 Men	00:30:39	20	The Mighty Avengers of BBSLSC	C - Relay	01:02:11	20
Judith Humpleby	Over 50 Women	00:30:50	21	Will Jackson	A - Youth	01:02:58	21
Julian Ridgley	A - Over 40 Men	00:30:53	22	Allison Martin	A - Over 40 Women	01:03:17	22
Tony Richards - over 60 men		00:31:59	23	Rob Jefferies - under 23 men		01:03:28	23
Rob Jefferies - under 23 men		00:32:19	24	John Kavanagh	A - Over 50 Men	01:05:21	24
Julian Brewer	A - Over 40 Men	00:32:40	25	Glyn Stanley	A - Over 50 Men	01:06:00	25
Phil Holden	A - Over 40 Men	00:32:42	26	John Ellwood	A - Over 50 Men	01:06:07	26
Jess Lynes	Over 50 Women	00:32:48	27	Phillip Manning	A - Over 50 Men	01:06:18	27
The Try Hards	C - Relay	00:32:52	28	John Redmond	A - Over 50 Men	01:06:35	28
Steve, Andy, Jack and Jim	C - Relay	00:33:19	29	Friend	C - Relay	01:06:36	29
John Durrant	A - Over 40 Men	00:33:30	30	Julian Brewer	A - Over 40 Men	01:06:43	30
Peter Chappill	A - Over 50 Men	00:33:45	31	Joe and Alan	B - Pair	01:07:55	31
Thomas Cunningham	A - Senior Men	00:34:06	32	South Instow Surf Life Saving Club	C - Relay	01:08:15	32
Allison Martin	A - Over 40 Women	00:34:22	33	Peter Chappill	A - Over 50 Men	01:08:59	33
Russel Breyer	A - Over 50 Men	00:34:32	34	Judith Humpleby	Over 50 Women	01:09:24	34
Jean Ashley	Over 50 Women	00:34:33	35	Jean Ashley	Over 50 Women	01:10:02	35
John Ellwood	A - Over 50 Men	00:35:36	36	Peter Appelt - over 60 men		01:10:21	36
Friend	C - Relay	00:38:34	37	Mary White	Over 60 Women	01:10:51	37
Lance Ball	A - Over 40 Men	00:38:58	38	Bude Junior Squad	C - Relay	01:11:33	38
John Redmond	A - Over 50 Men	00:40:22	39	Lance Ball	A - Over 40 Men	01:13:36	39
Mary White	Over 60 Women	00:41:22	40	The Try Hards	C - Relay	01:13:40	40
Francesca Goodwin	A - Senior Women	00:42:07	41	Ben Byron	A - Over 50 Men	01:15:35	41
Scott Lowe	A - Over 40 Men	00:42:09	42	Tony Richards - over 60 men		01:18:44	42
Sue Rix	Over 60 Women	00:43:07	43	Sue Rix	Over 60 Women	01:24:33	43
Ben Byron	A - Over 50 Men	00:43:43	44	Jess Lynes	Over 50 Women	01:24:34	44
Peter Appelt - over 60 men		00:45:38	45	Scott Lowe	A - Over 40 Men	01:32:50	45
Phillip Manning	A - Over 50 Men	00:46:40	46	Francesca Goodwin	A - Senior Women	01:33:38	46
Thomas Alsop	A - Senior Men	00:51:12	47	Thomas Alsop	A - Senior Men	01:34:57	47

Awesome Foursome Quadrathlon 201	Category	Start Time	Canoe	Position		Awesome Foursome Quadrathlon 201	Category	Run	Position
Julian Brewer	A - Over 40 Men	00:00:00	##### ?			Steve, Andy, Jack and Jim	C - Relay	00:35:18	1
Ian Smith	A - Over 50 Men	00:00:00	00:45:08	1		Teignbridge Tri'ers	C - Relay	00:35:19	2
Dept 26	C - Relay	00:00:00	00:46:36	2		Fourshore	C - Relay	00:37:47	3
John Elliott	A - Over 40 Men	00:00:00	00:49:01	3		Julian Ridgley	A - Over 40 Men	00:38:10	4
Nigel Unwin	A - Over 50 Men	00:00:00	00:49:44	4		Helen Dyke	A - Over 40 Women	00:38:38	5
Friend	C - Relay	00:00:00	00:50:03	5		Duncan Pearson	A - Over 50 Men	00:39:20	6
Life Begins at 40	B - Pair	00:00:00	00:50:17	6		Thomas Alsop	A - Senior Men	00:39:23	7
Fourshore	C - Relay	00:00:00	00:51:29	7		Ian Smith	A - Over 50 Men	00:39:56	8
Christopher Hammond	A - Over 40 Men	00:00:00	00:51:40	8		Nigel Unwin	A - Over 50 Men	00:40:22	9
Andy Parritt	A - Over 50 Men	00:00:00	00:51:56	9		Phillip Manning	A - Over 50 Men	00:41:23	10
Joe and Alan	B - Pair	00:00:00	00:52:03	10		Dept 26	C - Relay	00:41:29	11
Rob Jefferies - under 23 men		00:00:00	00:52:22	11		John Ellwood	A - Over 50 Men	00:42:11	12
South Instow Surf Life Saving Club	C - Relay	00:00:00	00:52:33	12		Scott Lowe	A - Over 40 Men	00:42:25	13
John Durrant	A - Over 40 Men	00:00:00	00:53:29	13		Francesca Goodwin	A - Senior Women	00:42:25	14
Bude Junior Squad	C - Relay	00:00:00	00:53:33	14		Christopher Hammond	A - Over 40 Men	00:42:42	15
John Kavanagh	A - Over 50 Men	00:00:00	00:54:13	15		Andrew Smith	A - Over 40 Men	00:42:48	16
Jean Ashley	Over 50 Women	00:00:00	00:55:46	16		John Durrant	A - Over 40 Men	00:43:29	17
Steve, Andy, Jack and Jim	C - Relay	00:00:00	00:55:55	17		The Mighty Avengers of BBSLSC	C - Relay	00:43:45	18
Tony Richards - over 60 men		00:00:00	00:57:23	18		Russel Breyer	A - Over 50 Men	00:44:22	19
Teignbridge Tri'ers	C - Relay	00:00:00	00:57:46	19		Phil Holden	A - Over 40 Men	00:44:29	20
John Ellwood	A - Over 50 Men	00:00:00	00:58:28	20		Thomas Cunningham	A - Senior Men	00:44:42	21
The Try Hards	C - Relay	00:00:00	00:58:40	21		Judith Humpleby	Over 50 Women	00:45:45	22
Will Jackson	A - Youth	00:00:00	00:59:58	22		Nothing Too	C - Relay	00:46:09	23
Andrew Smith	A - Over 40 Men	00:00:00	01:00:44	23		John Elliott	A - Over 40 Men	00:46:41	24
Helen Dyke	A - Over 40 Women	00:00:00	01:01:14	24		Lance Ball	A - Over 40 Men	00:46:56	25
Russel Breyer	A - Over 50 Men	00:00:00	01:01:33	25		South Instow Surf Life Saving Club	C - Relay	00:48:33	26
Peter Chappill	A - Over 50 Men	00:00:00	01:01:43	26		Friend	C - Relay	00:49:28	27
Duncan Pearson	A - Over 50 Men	00:00:00	01:01:44	27		Glyn Stanley	A - Over 50 Men	00:49:43	28
Allison Martin	A - Over 40 Women	00:00:00	01:02:19	28		Peter Chappill	A - Over 50 Men	00:50:02	29
Mary White	Over 60 Women	00:00:00	01:03:04	29		Allison Martin	A - Over 40 Women	00:50:21	30
Phil Holden	A - Over 40 Men	00:00:00	01:03:54	30		Rob Jefferies - under 23 men		00:51:14	31
Lance Ball	A - Over 40 Men	00:00:00	01:04:08	31		Andy Parritt	A - Over 50 Men	00:51:19	32
Phillip Manning	A - Over 50 Men	00:00:00	01:04:15	32		Bude Junior Squad	C - Relay	00:51:27	33
Peter Appelt - over 60 men		00:00:00	01:04:46	33		John Kavanagh	A - Over 50 Men	00:51:46	34
John Redmond	A - Over 50 Men	00:00:00	01:04:55	34		Life Begins at 40	B - Pair	00:52:41	35
Sue Rix	Over 60 Women	00:00:00	01:06:00	35		Mary White	Over 60 Women	00:54:34	36
Nothing Too	C - Relay	00:00:00	01:07:08	36		Tony Richards - over 60 men		00:56:01	37
Thomas Cunningham	A - Senior Men	00:00:00	01:07:10	37		Ben Byron	A - Over 50 Men	00:56:11	38
Glyn Stanley	A - Over 50 Men	00:00:00	01:07:27	38		Sue Rix	Over 60 Women	00:56:44	39
Jess Lynes	Over 50 Women	00:00:00	01:08:10	39		Will Jackson	A - Youth	00:56:59	40
Ben Byron	A - Over 50 Men	00:00:00	01:09:21	40		Joe and Alan	B - Pair	00:57:01	41
The Mighty Avengers of BBSLSC	C - Relay	00:00:00	01:11:34	41		Jean Ashley	Over 50 Women	00:57:12	42
Thomas Alsop	A - Senior Men	00:00:00	01:14:41	42		Peter Appelt - over 60 men		00:59:21	43
Judith Humpleby	Over 50 Women	00:00:00	01:20:54	43		The Try Hards	C - Relay	00:59:23	44
Julian Ridgley	A - Over 40 Men	00:00:00	01:22:21	44		Jess Lynes	Over 50 Women	01:00:24	45
Francesca Goodwin	A - Senior Women	00:00:00	01:29:34	45		John Redmond	A - Over 50 Men	01:07:50	46
Scott Lowe	A - Over 40 Men	00:00:00	01:30:20	46		Julian Brewer	A - Over 40 Men	03:37:53	47