

Shoreline Bude Triathlon 2009

Firstname	Lastname	Team	Category	Racenum	Gender	Finish	Placing	Swim	T1	Cycle	T2	Run
David	Garner		MSen	ber 706	Male	00:57:06	1	00:09:10	00:00:42	00:27:36	00:00:32	00:19:04
Llewellyn	Holmes		MSen	763	Male	00:58:06	2	00:09:48	00:00:34	00:27:04	00:00:25	00:20:12
Nick	Riding		MSen	780	Male	00:58:21	3	00:09:33	00:00:30	00:27:20	00:00:20	00:20:35
Simon	Gibbs		MSen	782	Male	00:59:20	4	00:10:13	00:00:43	00:28:42	00:00:22	00:19:16
Jim	Evans		MSen	737	Male	01:00:01	5	00:09:54	00:00:45	00:29:11	00:00:32	00:19:37
James	Marshall		MSen	791	Male	01:00:23	6	00:09:29	00:00:36	00:29:14	00:00:24	00:20:37
Paul	Clark		MSen	720	Male	01:01:03	7	00:11:36	00:01:01	00:29:34	00:00:24	00:18:24
Kyle	Kearey		MSen	786	Male	01:01:14	8	00:08:42	00:00:34	00:31:01	00:00:24	00:20:30
Alan	Hughes		MSen	776	Male	01:01:28	9	00:10:34	00:01:05	00:29:46	00:00:51	00:19:11
Matt	Groves		MV40	453	Male	01:01:39	10	00:11:13	00:00:59	00:28:33	00:00:25	00:20:26
David	Bartlett		MSen	764	Male	01:01:52	11	00:09:10	00:00:52	00:30:46	00:00:28	00:20:32
Jason	Mann		MV50	503	Male	01:02:05	12	00:10:29	00:00:52	00:30:42	00:00:29	00:19:29
Rob	moore		MV40	450	Male	01:02:15	13	00:11:33	00:01:00	00:29:24	00:00:30	00:19:46
Chris	Stone		MV40	454	Male	01:02:17	14	00:12:31	00:01:30	00:27:18	00:00:34	00:20:22
Shaun	Green		MV40	444	Male	01:02:19	15	00:11:32	00:00:39	00:28:26	00:00:34	00:21:04
Jon	Parkinson		MV40	422	Male	01:03:07	16	00:12:37	00:01:05	00:30:11	00:00:33	00:18:37
Nicholas	Rannou		MSen	783	Male	01:03:19	17	00:10:12	00:01:06	00:29:19	00:00:36	00:22:04
Simon	Edney		MV50	517	Male	01:03:21	18	00:14:09	00:00:45	00:28:05	00:00:35	00:19:43
Keith	Brewster		MSen	774	Male	01:03:54	19	00:11:58	00:01:23	00:29:36	00:00:33	00:20:22
Lee	Turner		MSen	748	Male	01:04:04	20	00:12:02	00:01:13	00:32:38	00:00:21	00:17:47
Bret	Bassett		MYouths	62	Male	01:04:09	21	00:09:15	00:01:04	00:32:42	00:00:29	00:20:37
Andrew	Longthorpe		MSen	708	Male	01:04:12	22	00:10:48	00:01:34	00:31:20	00:00:45	00:19:42
Mat	Kelly		MSen	754	Male	01:04:21	23	00:11:03	00:01:14	00:30:48	00:00:34	00:20:39
Windy Millers			MRelay Male	570	Male	01:04:21	24	00:08:12	00:00:30	00:32:27	00:00:23	00:22:47
"Fairy, Mongo and Minge"			MRelay Male	564	Male	01:04:26	25	00:09:55	00:00:29	00:33:10	00:00:21	00:20:29
The B Team			MRelay Male	562	Male	01:04:38	26	00:10:22	00:00:26	00:30:24	00:00:18	00:23:06
Adam	Thompson		MYouths	61	Male	01:04:43	27	00:12:34	00:01:22	00:28:46	00:00:29	00:21:30
Stu	Peters		MSen	756	Male	01:04:48	28	00:11:54	00:01:04	00:30:01	00:00:32	00:21:14
Rob	Shaw		MV40	484	Male	01:04:55	29	00:11:40	00:00:56	00:30:53	00:00:38	00:20:45
Pete	Hayes		MSen	729	Male	01:04:58	30	00:09:32	00:00:39	00:30:12	00:00:31	00:24:02
Nick	Creasy		MV40	456	Male	01:05:13	31	00:11:07	00:00:48	00:30:26	00:00:31	00:22:18
Jamie	Owen		MV40	469	Male	01:05:22	32	00:10:27	00:00:56	00:31:59	00:00:51	00:21:06
Jonathan	Irwin		MSen	742	Male	01:05:47	33	00:10:22	00:01:17	00:32:08	00:01:08	00:20:50
Lee	Shepherd		MSen	765	Male	01:05:51	34	00:11:14	00:01:12	00:30:48	00:00:44	00:21:51
Chris	Pearce		MSen	789	Male	01:06:13	35	00:10:36	00:01:15	00:31:27	00:00:42	00:22:11
Silver Surfers	A Team		MRelay V40	568	Male	01:06:13	36	00:10:56	00:00:33	00:35:11	00:00:28	00:19:03
Jonathan	Parker		MV40	458	Male	01:06:25	37	00:10:04	00:01:05	00:32:09	00:00:55	00:22:10
Richard	Congdon		MV50	502	Male	01:06:47	38	00:11:48	00:00:56	00:30:49	00:00:54	00:22:18
Paul	Brew		MV40	430	Male	01:06:51	39	00:09:05	00:01:07	00:30:54	00:00:47	00:24:55
Shay	Bowen		MV40	486	Male	01:07:00	40	00:09:29	00:01:14	00:32:13	00:00:55	00:23:06
Andy	Hindle		MSen	725	Male	01:07:28	41	00:11:07	00:00:58	00:32:18	00:00:35	00:22:28
Nick	Smith		MV50	510	Male	01:07:29	42	00:11:08	00:00:59	00:30:34	00:00:44	00:24:03
Steve	Edmonds		MV50	511	Male	01:07:31	43	00:11:56	00:00:54	00:32:23	00:00:41	00:21:34
Trevor	Perkins		MV40	441	Male	01:07:34	44	00:11:39	00:01:21	00:30:58	00:00:51	00:22:42
Ross	Walker		MSen	702	Male	01:07:59	45	00:12:14	00:01:17	00:33:18	00:00:39	00:20:28
Darrin	Porter		MV40	480	Male	01:08:01	46	00:12:36	00:01:49	00:32:47	00:00:46	00:20:01
Steve	Smith		MSen	733	Male	01:08:06	47	00:12:02	00:01:01	00:32:11	00:00:35	00:22:15
Orlando	Venn		MSen	730	Male	01:08:08	48	00:11:07	00:01:17	00:33:06	00:00:53	00:21:41

Anne	Maskell		FV40	414	Female	01:08:10	49	00:11:57	00:01:07	00:32:44	00:00:34	00:21:45
Maria	Hindle		FSen	617	Female	01:08:32	50	00:10:35	00:01:03	00:32:19	00:00:39	00:23:52
Tim	Lark		MSen	755	Male	01:08:34	51	00:12:50	00:01:50	00:30:14	00:00:45	00:22:52
Ian	Webster		MV50	512	Male	01:08:36	52	00:12:31	00:01:14	00:31:33	00:00:38	00:22:36
Malcolm	Greenslade		MV40	479	Male	01:08:56	53	00:09:46	00:00:57	00:33:11	00:00:37	00:24:24
Rachel	Clay		FSen	603	Female	01:09:06	54	00:11:59	00:00:57	00:32:48	00:00:31	00:22:49
Chris	Hammond		MSen	792	Male	01:09:11	55	00:11:52	00:01:03	00:32:18	00:00:42	00:23:14
Stephen	Mace		MV40	421	Male	01:09:19	56	00:12:29	00:01:33	00:31:21	00:00:43	00:23:10
John	Thompson		MV50	504	Male	01:09:30	57	00:12:32	00:01:04	00:32:36	00:00:30	00:22:45
Ian	Jones		MSen	736	Male	01:09:30	58	00:12:39	00:01:18	00:31:22	00:00:45	00:23:23
Paul	Irwin		MV40	442	Male	01:09:31	59	00:11:24	00:00:58	00:33:03	00:00:52	00:23:12
Christian	Brown		MYouths	60	Male	01:09:51	60	00:11:16	00:01:38	00:35:11	00:00:23	00:21:21
Andy	Taylor		MV40	439	Male	01:10:03	61	00:11:20	00:01:18	00:34:09	00:00:54	00:22:19
Harry	Edney		MYouths	64	Male	01:10:15	62	00:11:29	00:01:03	00:32:23	00:00:27	00:24:51
Christian	Baker		MSen	749	Male	01:10:19	63	00:11:08	00:01:53	00:33:04	00:00:57	00:23:16
James	Breuin		MSen	711	Male	01:10:23	64	00:13:40	00:02:05	00:32:31	00:00:47	00:21:19
Carolyn	Evans		FSen	622	Female	01:10:28	65	00:12:39	00:00:54	00:33:44	00:00:45	00:22:23
Alan	Ledger		MSen	744	Male	01:10:31	66	00:10:47	00:01:30	00:33:37		
Karl	Whittaker		MV40	481	Male	01:10:32	67	00:12:48				
Evolution Baby			MRelay V40	571	Male	01:10:35	68	00:12:11	00:00:43	00:32:52	00:00:25	00:24:20
Mat	Tandy		MSen	723	Male	01:10:44	69	00:12:28	00:01:17	00:32:53	00:00:40	00:23:23
Bill	Daughtrey		MV40	465	Male	01:11:01	70	00:11:57	00:01:16	00:33:07	00:00:35	00:24:04
Rebecca	Windemer		FYouths	7	Female	01:11:14	71	00:10:36	00:00:51	00:36:04	00:00:40	00:23:00
Mike	Penberthy		MV50	513	Male	01:11:31	72	00:12:28	00:01:07	00:32:44	00:00:48	00:24:21
Richard	Mitchell		MSen	750	Male	01:11:31	73	00:13:19	00:00:53	00:33:39	00:00:55	00:22:44
The Kelly Vets			MRelay V40	572	Male	01:11:35	74	00:17:00	00:00:30	00:27:44	00:00:20	00:25:59
Toby	Price		MSen	767	Male	01:11:42	75	00:10:46	00:01:29	00:35:59	00:00:21	00:23:06
"Brains,Brau n,and Straightners"			MRelay Male	566	Male	01:11:44	76	00:15:27	00:00:29	00:30:43	00:00:28	00:24:34
Nick	Brooks		MV50	505	Male	01:11:54	77	00:10:48	00:01:13	00:34:37	00:01:00	00:24:13
Bernard	Ewin		MV40	472	Male	01:11:56	78	00:11:40	00:01:29	00:35:36	00:00:47	00:22:21
Ashley	Walker		MYouths	65	Male	01:12:02	79	00:10:36	00:01:00	00:33:09	00:00:22	00:26:52
Three is better than One			FRelay Female	551	Female	01:12:05	80	00:10:43	00:00:31	00:35:14	00:00:39	00:24:56
Graham	Florey		MSen	771	Male	01:12:10	81	00:12:30	00:01:18	00:34:06	00:00:47	00:23:26
Nigel	Churcher		MV40	471	Male	01:12:12	82	00:13:15	00:01:11	00:32:44	00:00:48	00:24:12
Martin	Parker		MSen	712	Male	01:12:12	83	00:12:35	00:01:06	00:34:54	00:00:38	00:22:56
Shaun	Scrace		MSen	740	Male	01:12:25	84	00:13:22	00:01:11	00:32:43	00:00:51	00:24:15
Mark	Woolf		MSen	726	Male	01:12:27	85	00:14:11	00:01:17	00:34:37	00:00:47	00:21:32
Barrie	Slee		MV50	518	Male	01:12:28	86	00:14:18	00:01:18	00:32:23	00:00:49	00:23:37
Isabel	Boyd		FSen	645	Female	01:12:28	87	00:10:59	00:01:02	00:36:07	00:00:29	00:23:48
Richard	Eastmond		MSen	704	Male	01:12:29	88	00:13:23	00:01:24	00:32:27	00:01:06	00:24:06
Dermot	Dalton		MSen	728	Male	01:12:51	89	00:11:20	00:01:33	00:36:09	00:01:02	00:22:44
Ryan	Flinderson		MSen	745	Male	01:12:59	90	00:12:31	00:01:24	00:33:31	00:00:50	00:24:41
Aaron	Boylan		MV40	433	Male	01:13:03	91	00:10:33	00:00:53	00:35:30	00:00:31	00:25:32
3's a Crowd			MRelay Male	560	Male	01:13:12	92	00:13:26	00:00:38	00:33:51	00:00:31	00:24:43
Jacqueline	Rice		FV40	416	Female	01:13:13	93	00:13:24	00:01:53	00:31:48	00:00:43	00:25:22
Ulrike	Hammerbeck		FSen	631	Female	01:13:19	94	00:11:11	00:01:06	00:34:49	00:00:45	00:25:25
Stuart	Pointer		MSen	793	Male	01:13:24	95	00:11:00	00:01:32	00:34:52	00:01:06	00:24:50
Jamie	Maxwell		MSen	721	Male	01:13:26	96	00:11:35	00:01:28	00:35:16	00:00:56	00:24:08
Patrick	Roberts		MSen	457	Male	01:13:45	97	00:13:00	00:01:39	00:32:46	00:01:04	00:25:13

Daniel	Greaves		MSen	772	Male	01:13:59	98	00:11:06	00:01:13	00:37:36	00:00:53	00:23:09
Claire	Fraser		FSen	615	Female	01:14:09	99	00:11:54	00:00:52	00:34:23	00:00:33	00:26:24
Tom	Galvin		MSen	775	Male	01:14:29	100	00:13:27	00:01:52	00:32:57	00:00:44	00:25:25
Lucinda	Bowden		FSen	616	Female	01:14:33	101	00:11:12	00:01:32	00:36:11	00:00:49	00:24:46
Holly	Ferrar		FSen	613	Female	01:14:41	102	00:12:27	00:01:05	00:35:46	00:00:44	00:24:37
Kevin	Marshall		MSen	752	Male	01:14:45	103	00:10:59	00:01:31	00:37:40	00:00:40	00:23:52
Andy	Standen		MV40	468	Male	01:15:00	104	00:12:44	00:00:59	00:34:51	00:00:32	00:25:51
Tristan	Perry		MSen	787	Male	01:15:04	105	00:12:11	00:01:17	00:37:26	00:00:21	00:23:45
William	Pepworth		MYouths	63	Male	01:15:18	106	00:10:33	00:02:07	00:37:26	00:00:38	00:24:31
Peter	White		MV40	474	Male	01:15:20	107	00:13:49	00:02:25	00:34:00	00:01:13	00:23:50
Owen	Mansfield		MSen	753	Male	01:15:35	108	00:13:50	00:01:47	00:35:37	00:00:45	00:23:32
Andrew	Banfield		MSen	769	Male	01:15:41	109	00:12:29	00:01:46	00:37:52	00:01:01	00:22:31
Saffa Chicks			FRelay Female	553	Female	01:15:51	110	00:11:47	00:00:30	00:37:24	00:00:25	00:25:42
David	Pressley		MV50	515	Male	01:15:52	111	00:13:10	00:01:17	00:35:52	00:00:57	00:24:33
David	Parr		MSen	759	Male	01:15:58	112	00:12:40	00:01:06	00:37:07	00:00:55	00:24:07
Richard	Flage		MV40	447	Male	01:16:02	113	00:14:43	00:01:51	00:33:43	00:01:14	00:24:29
Matt	Richards		MSen	475	Male	01:16:07	114	00:20:50	00:00:36	00:32:54	00:00:24	00:21:19
Clare	Hudson		FSen	646	Female	01:16:08	115	00:12:00	00:01:12	00:37:18	00:00:33	00:25:03
Fergus	Walker		MV40	435	Male	01:16:12	116	00:12:56	00:01:26	00:34:40	00:00:57	00:26:09
Guy	Rousseau		MV40	440	Male	01:16:15	117	00:13:09	00:03:39	00:34:58	00:01:17	00:23:09
Scott	Luckett		MV40	446	Male	01:16:20	118	00:11:41	00:01:45	00:35:18	00:00:47	00:26:47
Phil	Stroudley		MV40	436	Male	01:16:31	119	00:12:11	00:01:21	00:35:51	00:00:46	00:26:19
Richard	(Harrie) Barton		MV50	514	Male	01:16:38	120	00:13:23	00:01:48	00:35:45	00:01:17	00:24:21
Andrew	Palmer		MV50	508	Male	01:16:45	121	00:14:20	00:01:36	00:34:54	00:00:53	00:24:59
Silver Surfers	B-Team		MRelay V40	569	Male	01:16:48	122	00:11:04	00:00:41	00:38:25	00:00:25	00:26:11
Dean	Winwood		MSen	762	Male	01:16:52	123	00:14:27	00:01:44	00:35:14	00:00:47	00:24:37
Adam	Fitzpatrick		MV40	470	Male	01:16:55	124	00:18:35	00:01:48	00:31:03	00:01:03	00:24:24
Paul	Goswell		MSen	715	Male	01:16:57	125	00:13:17	00:02:36	00:35:19	00:00:37	00:25:05
Fran	Davies		FSen	628	Female	01:17:01	126	00:11:23	00:01:30	00:37:38	00:00:25	00:26:02
Rob	McDermott		MSen	482	Male	01:17:13	127	00:15:22	00:02:26	00:32:58	00:01:09	00:25:15
Tim	Underwood		MV40	429	Male	01:17:19	128	00:12:52	00:01:49	00:35:46	00:00:57	00:25:51
Sue	Scott		FV40	413	Female	01:17:33	129	00:13:23	00:01:23	00:36:00	00:00:45	00:25:59
Ben Clarke			MRelay Male	561	Male	01:17:42	130	00:13:18	00:00:40	00:36:09	00:00:27	00:27:06
Keith	Funnell		MV60	522	Male	01:17:50	131	00:13:34	00:02:29	00:35:20	00:00:35	00:25:50
Martin	Goodall		MSen	747	Male	01:18:04	132	00:13:20	00:02:03	00:35:48	00:00:55	00:25:56
Robert	Snow		MSen	751	Male	01:18:29	133	00:13:31	00:01:20	00:35:58	00:00:42	00:26:54
Jules	Cauduli-Cox		MSen	784	Male	01:18:31	134	00:12:10	00:01:57	00:37:29	00:00:26	00:26:27
Duncan	Rodgers		MSen	714	Male	01:18:40	135	00:12:30	00:03:57	00:36:52	00:01:24	00:23:54
Proper Job!			MRelay V40	567	Male	01:18:42	136	00:13:39	00:00:33	00:37:09	00:00:27	00:26:50
Jo	Church		FV40	409	Female	01:19:03	137	00:16:14	00:01:38	00:36:16	00:00:45	00:24:07
Stephen	Lillywhite		MV40	473	Male	01:19:14	138	00:12:58	00:02:20	00:35:40	00:01:18	00:26:55
Mas Effort			FRelay Female	554	Female	01:19:14	139	00:10:26	00:00:32	00:42:11	00:00:26	00:25:36
Andrew	Currie		MSen	717	Male	01:19:16	140	00:13:03	00:01:56	00:34:42	00:00:56	00:28:36
Nick	Slade		MV40	713	Male	01:19:31	141	00:13:15	00:02:13	00:38:10	00:00:34	00:25:17
David	Rickwood		MV40	727	Male	01:19:31	142	00:13:29	00:01:09	00:40:41	00:00:48	00:23:22
Melanie	Munialo		FSen	637	Female	01:19:33	143	00:12:49	00:02:17	00:39:19	00:00:41	00:24:25
Helen	Ralph		FV40	410	Female	01:19:36	144	00:14:14	00:01:56	00:38:45	00:00:22	00:24:16
Angus	Buchanan		MV40	425	Male	01:19:45	145	00:13:33	00:01:24	00:36:30	00:01:06	00:27:09
Crackpots			FRelay Female	559	Female	01:19:45	146	00:11:54	00:00:36	00:38:15	00:00:28	00:28:29
Ali	White		FV40	417	Female	01:20:03	147	00:16:00	00:00:43	00:36:47	00:00:34	00:25:57

Nell	Everitt		FSen	647	Female	01:20:08	148	00:13:11	00:01:45	00:36:39	00:00:54	00:27:36
Niall	Brennan		MSen	716	Male	01:20:09	149	00:14:38	00:02:05	00:36:15	00:00:45	00:26:24
Christopher	Harrison		MV60	524	Male	01:20:14	150	00:13:13	00:01:50	00:36:38	00:00:53	00:27:37
Sarah	Jennings		FSen	632	Female	01:20:14	151	00:13:27	00:01:30	00:40:28	00:00:47	00:23:59
David	Rowlands		MSen	732	Male	01:20:16	152	00:12:52	00:01:10	00:40:23	00:00:30	00:25:19
John	Bass		MV40	424	Male	01:20:21	153	00:13:14	00:02:48	00:37:04	00:00:57	00:26:16
Sarah	Kelly		FV40	402	Female	01:20:22	154	00:14:13	00:01:23	00:35:47	00:00:43	00:28:14
Graham	Macdonald		MV60	520	Male	01:20:30	155	00:14:29	00:01:54	00:36:09	00:00:57	00:26:58
Andrew	Kelly		MV40	431	Male	01:20:33	156	00:14:31	00:01:59	00:38:32	00:00:49	00:24:38
Joanne	Pearce		FSen	643	Female	01:20:34	157	00:11:39	00:01:27	00:38:05	00:00:44	00:28:36
David	Champion		MV50	525	Male	01:20:51	158	00:15:18	00:01:46	00:36:32	00:01:14	00:25:58
Timothy	O'Shea		MSen	701	Male	01:20:51	159	00:11:57	00:02:44	00:41:40	00:00:28	00:23:59
Jeffrey	Hunt		MV40	477	Male	01:20:53	160	00:13:30	00:02:13	00:36:31	00:00:40	00:27:57
Jeff	Cherrington		MV40	423	Male	01:20:55	161	00:15:29	00:01:47	00:38:31	00:00:30	00:24:36
Angus	Macdonald		MV40	467	Male	01:20:56	162	00:13:58	00:01:41	00:39:07	00:00:29	00:25:37
The Bude Methodist Men			MRelay Male	565	Male	01:21:01	163	00:11:24	00:00:44	00:34:03	00:00:33	00:34:13
Richard	Dunstan		MSen	779	Male	01:21:04	164	00:13:43	00:02:36	00:37:53	00:00:34	00:26:16
Tony	Rowell		MV40	466	Male	01:21:31	165	00:14:24	00:02:12	00:36:43	00:01:20	00:26:49
Hugh	Gardener		MV50	516	Male	01:21:41	166	00:16:53	00:02:10	00:36:02	00:00:31	00:26:02
Jessica	Macdonald		FYouths	6	Female	01:21:43	167	00:10:53	00:00:50	00:42:35	00:00:36	00:26:46
Julia	Georgelin		FSen	619	Female	01:21:48	168	00:13:26	00:02:15	00:37:29	00:01:41	00:26:55
Claire	Love		FV40	405	Female	01:21:49	169	00:13:25	00:01:49	00:38:31	00:01:03	00:26:57
James	Norman		MSen	778	Male	01:21:49	170	00:13:16	00:01:34	00:37:42	00:00:44	00:28:30
Kelvin	Groves		MSen	741	Male	01:21:54	171	00:15:33	00:03:43	00:37:26	00:01:00	00:24:09
Jason	Price		MSen	770	Male	01:21:58	172	00:17:00	00:03:09	00:35:23	00:01:23	00:25:01
Nicky	Rudd		FSen	608	Female	01:21:59	173	00:14:03	00:02:36	00:36:59	00:00:37	00:27:42
James	Goudie		MSen	758	Male	01:22:00	174	00:14:22	00:02:28	00:37:10	00:00:25	00:27:33
John	Griffin		MV40	478	Male	01:22:02	175	00:13:48	00:02:40	00:37:51	00:01:07	00:26:34
Sean	Jack		MV50	507	Male	01:22:29	176	00:14:50	00:01:14	00:40:03	00:00:39	00:25:40
Philip	Stanier		MSen	722	Male	01:22:29	177	00:14:31	00:01:42	00:37:52	00:00:57	00:27:24
Sarah	Danning		FV40	419	Female	01:22:32	178	00:14:43	00:01:41	00:37:55	00:01:28	00:26:42
Stephanie	Hulford		FV40	406	Female	01:22:40	179	00:12:21	00:01:26	00:39:17	00:00:39	00:28:54
Justin	Tombs		MSen	707	Male	01:22:44	180	00:16:06	00:02:19	00:36:27	00:01:01	00:26:48
Gary	Cunningham		MV40	434	Male	01:23:06	181	00:13:09	00:01:44	00:39:20	00:01:04	00:27:46
James	Talbot		MSen	746	Male	01:23:43	182	00:14:25	00:01:47	00:38:20	00:00:45	00:28:23
Ian	Graham		MV40	445	Male	01:23:59	183	00:13:46	00:02:14	00:37:40	00:01:10	00:29:07
Stephen	Wilbraham		MV40	452	Male	01:24:03	184	00:17:14	00:04:25	00:39:33	00:01:17	00:21:31
Amy	Hill		FSen	636	Female	01:24:24	185	00:13:16	00:02:39	00:41:38	00:00:44	00:26:04
Richard	Walker		MSen	719	Male	01:24:36	186	00:16:50	00:02:13	00:36:22	00:01:22	00:27:46
Sally	Myatt		FV40	404	Female	01:24:56	187	00:16:01	00:02:16	00:40:34	00:00:30	00:25:31
Emma	Sutton ?		FSen	639	Female	01:25:03	188	00:17:05	00:01:55	00:36:52	00:01:04	00:28:04
Paul	Boulton		MSen	743	Male	01:25:03	189	00:14:12	00:01:39	00:38:27	00:01:15	00:29:27
Justin	Humphrey		MSen	734	Male	01:25:23	190	00:17:20	00:02:31	00:36:28	00:01:14	00:27:47
Richard	Buckland		MV40	449	Male	01:25:28	191	00:14:05	00:01:55	00:40:51	00:00:41	00:27:54
Catherine	Shaw		FSen	621	Female	01:25:28	192	00:14:47	00:03:34	00:41:52	00:00:27	00:24:44
Andrew	Oliver		MV40	464	Male	01:25:31	193	00:13:02	00:02:36	00:38:04	00:01:37	00:30:10
Rachel	Shaw		FSen	620	Female	01:25:35	194	00:13:09	00:02:07	00:44:04	00:00:30	00:25:42
Duncan	Mackenzie		MSen	462	Male	01:25:56	195	00:22:22	00:02:27	00:36:57	00:00:31	00:23:36
Sonja	Van der Lans		FSen	623	Female	01:26:08	196	00:10:48	00:03:31	00:41:10	00:00:59	00:29:37
Katie	Lenton		FSen	601	Female	01:26:09	197	00:16:36	00:01:38	00:38:45	00:00:55	00:28:12
Scott	Walters		MSen	724	Male	01:28:15	198	00:13:53	00:02:10	00:40:41	00:00:39	00:30:49
Rob	Russell		MV40	451	Male	01:28:19	199	00:12:55	00:01:39	00:42:58	00:01:03	00:29:41
Angela	Noble		FSen	611	Female	01:29:02	200	00:16:44	00:02:14	00:39:13	00:00:29	00:30:20

Leah	Metters		FSen	629	Female	01:29:18	201	00:15:48	00:02:23	00:42:01	00:00:42	00:28:21
Janine	Holbert		FSen	610	Female	01:29:24	202	00:12:05	00:04:14	00:42:09	00:00:44	00:30:09
Charlotte	Haigh		FSen	618	Female	01:29:38	203	00:13:33	00:01:28	00:41:01	00:00:51	00:32:42
Emma	Jenkinson		FSen	606	Female	01:30:06	204	00:14:28	00:01:43	00:40:18	00:01:07	00:32:27
Sophie	Capron		FSen	607	Female	01:30:07	205	00:15:19	00:01:49	00:44:24	00:00:29	00:28:03
Dr Michael	Trowbridge		MV40	426	Male	01:30:42	206	00:14:29	00:03:04	00:42:47	00:01:01	00:29:18
Andrew	Meehan		MSen	700	Male	01:30:44	207	00:14:01	00:03:18	00:46:05	00:01:21	00:25:57
The Penguinettes			FRelay Female	556	Female	01:30:44	208	00:13:02	00:00:32	00:47:34	00:00:27	00:29:06
Kate	Foster		FSen	633	Female	01:31:01	209	00:15:14	00:02:49	00:44:30	00:00:40	00:27:45
Andrew	Williams		MV40	455	Male	01:31:13	210	00:20:51	00:01:52	00:40:00	00:00:53	00:27:35
Hazel	Walker		FSen	612	Female	01:31:25	211	00:16:33	00:02:44	00:43:58	00:00:28	00:27:39
Sara	Carter		FSen	644	Female	01:31:27	212	00:17:16	00:01:50	00:39:11	00:00:33	00:32:35
Natasha	Owen		FSen	635	Female	01:31:33	213	00:13:31	00:01:36	00:45:10	00:00:26	00:30:47
Adam	Reuben		MSen	768	Male	01:31:36	214	00:15:30	00:02:09	00:43:21	00:00:40	00:29:54
Simon	Duggan		MSen	773	Male	01:31:39	215	00:13:45	00:02:32	00:42:24	00:00:25	00:32:30
Bruce	Hughes		MSen	757	Male	01:31:45	216	00:13:33	00:02:04	00:41:53	00:01:31	00:32:43
Jon	Venner		MV40	448	Male	01:32:08	217	00:13:41	00:01:52	00:40:58	00:01:10	00:34:24
Simon	James		MV40	427	Male	01:32:16	218	00:18:30	00:01:31	00:41:13	00:00:27	00:30:32
Tom	Jane		MSen	731	Male	01:33:03	219	00:15:24	00:02:18	00:41:38	00:00:28	00:33:12
Eric	Barber		MV60	526	Male	01:33:27	220	00:21:41	00:04:03	00:38:39	00:01:42	00:27:20
Nick	Steedman		MV40	798	Male	01:33:38	221	00:24:09	00:02:57	00:38:21	00:00:47	00:27:21
Laura	Pinkney		FSen	641	Female	01:34:05	222	00:12:43	00:02:21	00:47:33	00:00:56	00:30:29
Mark	Garland		MSen	785	Male	01:34:14	223	00:12:55	00:03:34	00:48:50	00:00:36	00:28:17
David	Vickery		MV40	461	Male	01:34:59	224	00:14:57	00:04:01	00:43:32	00:00:59	00:31:29
Julian	Barclay		MV40	437	Male	01:35:00	225	00:17:06	00:03:03	00:45:41	00:00:40	00:28:29
Jonathan	Cooksley		MV40	443	Male	01:35:01	226	00:12:53	00:03:42	00:45:48	00:01:04	00:31:30
Alice	W Maynard		FSen	605	Female	01:36:46	227	00:13:54	00:03:19	00:47:13	00:01:25	00:30:53
Must Tri Harder			FRelay Female	557	Female	01:37:09	228	00:21:36	00:00:33	00:46:32	00:00:32	00:27:53
Richard	Best		MV40	428	Male	01:37:26	229	00:18:00	00:02:40	00:45:19	00:01:03	00:30:21
Simon	Gawler		MSen	760	Male	01:38:09	230	00:14:16	00:03:12	00:46:26	00:00:34	00:33:39
Hayley	Latham-Byrne		FSen	634	Female	01:38:11	231	00:16:34	00:02:25	00:45:05	00:00:47	00:33:17
Susie	Mclaren		FYouths	4	Female	01:38:13	232	00:18:28	00:05:25	00:44:51	00:00:27	00:28:59
Pete	La Broy		MSen	485	Male	01:38:13	233	00:14:44	00:02:44	00:47:25	00:00:27	00:32:50
Toby	Huggins		MSen	705	Male	01:38:31	234	00:16:07	00:03:21	00:49:55	00:01:40	00:27:27
Tasja	Botha		FSen	624	Female	01:39:05	235	00:10:46	00:02:48	00:50:08	00:00:37	00:34:43
Lisa	Goodall		FSen	627	Female	01:39:11	236	00:17:45	00:03:23	00:44:18	00:01:00	00:32:42
Derek	Bowley		MV40	460	Male	01:39:12	237	00:16:25	00:02:04	00:39:02	00:01:46	00:39:53
Team Lard			FRelay Female	552	Female	01:39:36	238	00:17:38	00:03:37	00:46:28	00:00:31	00:31:18
Hannah	Newton		FSen	638	Female	01:39:51	239	00:17:17	00:01:22	00:46:19	00:00:58	00:33:53
Melanie	Priday		FSen	642	Female	01:39:53	240	00:15:17	00:02:39	00:50:53	00:00:36	00:30:24
Nicky	Quant		FV40	411	Female	01:40:06	241	00:13:43	00:01:01	00:54:07	00:00:50	00:30:22
Kate	Plummer		FSen	640	Female	01:40:59	242	00:13:58	00:02:59	00:49:48	00:01:27	00:32:44
Ewan	Miller		MSen	781	Male	01:41:16	243	00:25:15	00:03:10	00:41:57	00:01:07	00:29:45
Susannah	Baker		FV40	403	Female	01:41:19	244	00:16:46	00:02:50	00:46:20	00:01:34	00:33:46
Rossy	Mclaren		FV40	401	Female	01:45:46	245	00:19:55	00:04:05	00:50:19	00:01:14	00:30:12
Joanna	Mclaren		FYouths	5	Female	01:48:41	246	00:19:39	00:04:17	00:50:24	00:01:13	00:33:05
3 from 83			FRelay Female	550	Female	01:49:01	247	00:18:58	00:00:41	00:56:23	00:00:32	00:32:25